

“Lighting the Pathway
to those in need of
Hope and Peace
August 2007

Thiessen Roadhouse Ministries

The Pathway

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Thiessen Roadhouse
Ministries
Executive Director
Linda Wiles Thornton



New Beginning’s at TRM brings a Refreshing Change

Our Mission Statement

Thiessen Roadhouse is a Christian ministry focused on providing spiritual guidance and transitional housing for mothers in crisis.

As for me and my household: that He may establish peace on my borders and strengthen the bars to my gates and bless the children within. He sends forth his word and melts anything against the cold, providing for His children.

Psalm 14:13-21

And I heard the voice of the Lord saying “Whom shall I send, and who will go for us?” Then I said, “Here I am. Send me.” **Isaiah 6:8**

Thiessen Roadhouse Ministries (TRM) is a home that is dedicated to providing spiritual guidance in a nurturing environment, and offering support for those in need of God’s grace.

Providing services for mothers in crisis is our main focus, however we are also building strong families through our multiple counseling services. In 2007 we are extending our “The Promise of Life” Program to include a 4 level counseling program in order for residents to successfully graduate. Women completing the program will be able to learn parenting skills, spiritual guidance, daily living practices, finding housing, employment, education and other resources that will be building blocks to a success life on their own while being responsible parents.

TRM group meetings, educational programs, hands on parenting classes, a weekly women’s bible study, in-house counseling sessions, Sunday and mid-week services, complete the program studies. Thank you to those of you who have contributed so graciously in 2005/2006 to finish our central meeting area and library. We utilize and enhance the mission of the ministry on a daily basis, by strengthening the lives of the individuals who come through our doors.

We invite you to come for a Tea & Tour to learn more about the “new beginnings” at Thiessen Roadhouse!

Note: See page 7 of this newsletter for complete details about taking a TRM “Tea & Tour” and how to schedule a visit.

“Make a Difference”! A word from Linda Wiles Thornton

There is a inspirational story used quite often in motivational speaking about a man walking down a beach throwing starfish back into the ocean one by one. The beach is littered with hundreds of starfish stranded by the tide. A stranger remarks to the man, “You can’t possibly

make a difference.” The man bent down, picked up a starfish threw it back in the ocean and replied, “I made a difference for that one.”

There have been 5 residents at TRM in the last 6 months. Some are still in the program and some only stayed for a short time. Regardless of the length of their stay we know

that the TRM program made a difference in each one of their lives. The bible teachings, parenting programs and one on one counseling programs make a lasting impression with residents, letting them know that someone cared about them in their greatest time of need.

Starting New: The Art of Transition

The mother's that enter through TRM's doors often show up with struggles that many people couldn't even imagine being able to cope with or understand, especially while being pregnant. Navigating transition and change is never easy, but imagine experiencing homelessness while pregnant or as a new mother. TRM takes on the challenge of this overwhelming time by providing Certified Christian Counseling, housing, food, clothing and even transportation to medical services and education. We teach our residents that TRM is there to give support but ultimately it is them that must do the work in order to lead a successful new life in their role as a parent.

The following story about the emergence of the butterfly is a beautiful way to show how God gives us struggles in order to teach us to fly. TRM practices the discernment showcased in the story, knowing that

helping sometimes involves letting people find their own strength in the process.

The story goes: "A man found a cocoon of a butterfly. One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it had and it could go no further. Then the man decided to help the butterfly, so he took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, shriveled wings. The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would contract in time. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and shriveled wings.



It never was able to fly. What the man in his kindness and haste did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening were God's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our life. If God allowed us to go through our life without any obstacles, it would cripple us. We would not be as strong as what we could have been. And we could never fly.

Mother of the Month: Cassie and Markus

We are so blessed to have Cassie and her two month old son, Markus, as our newest residents at TRM.

Cassie arrived at the TRM in May of this year with few personal belongings and was overwhelmed with gifts of diapers, wipes, clothing from the TRM closet for her and her baby, as well as personal gifts from volunteers to help her begin her stay.

Cassie was referred to the program by her case worker in her home town of Astoria, who is helping her to transition into motherhood with her son Markus. Cassie is an attentive mom who is eager to learn parenting skills and learn her role as a parent. Cassie arrived at TRM with an open heart and a teachable spirit. She is also ready to begin this fall at Clackamas Community College working toward her GED. She desires a full time/part time job and is filling out applications in the area for a retail position.

Marcus is a healthy and alert baby who is as handsome as the day is long! He responds to his mother's touch and is growing like a weed!

Cassie, who just turned 19 years old, was able to celebrate at TRM with a fun birthday party. She is thankful for the opportunity to stay in a house that she can call her home. This is Cassie's first place to experience independence. Cassie takes the opportunity a few days of the month to go and visit with her family. Keeping in



touch with family is a plus with our mothers because the support is so important for growth, as they experience changes and a new lifestyle. Her parents involvement in her life is very honorable and so necessary at this time of transition for Cassie and Markus.

Cassie enjoys worship on Sunday morn-

ings, in-house counseling sessions, and learning parenting techniques.

Welcome Cassie and Markus to Thiessen Roadhouse. We are in hopes that your next several months will be enjoyable and meaningful to you, as you continue on your journey of motherhood, job search, and spiritual growth. We are here to support you and look forward to your day of graduation. Our home is your home, we are happy to have you with us!

If you would like to contribute to help sponsor a mother and child in the Promise of Life Program, please contact TRM Executive Director, Linda Wiles Thornton at 503-653-0450. Residents in need of sponsorships are evaluated on a case by case basis. A resident needs to have successful evaluations in the program in order to be considered for additional funding requests.

Blessed are those who learn to acclaim you, who walk in the light of your presence, O Lord. They rejoice in your name all day long: for you are their glory and strength.

Psalms 89:15-19

There is Nothing More Precious than the Heart of a Volunteer

In each newsletter we like to acknowledge a person or organization that has given their time, talent and energy to support the ministry. Looking at all those who have diligently and openly devoted hours of different types of task and expertise, in this addition, we would like to recognize, not one person but several. We have already received so much help this year, already, and the year is only half over! We at TRM could not ask for a more devoted group of dedicated volunteers. Each one partnering in their field of expertise and following through to make a difference. The work accomplished is important but developing a lasting, sincere friendship is what is most valuable. This type of partnership that has developed over the years with TRM is an example of the integrity and kindness that each volunteer and supporter brings to our ministry. This is why we can honestly say, "There is nothing more precious than the heart of a volunteer"!

Celoric Brothers Dump Trucking, Inc. donated a 42 inch plasma T.V. screen which gives TRM hours of entertainment and an excellent source for our teaching. They also donated river rock for our drain field project and designed a 6 inch speed bump across the driveway entrance where water collected each winter. Now the problem is solved! Thank you again, **Jeff and Kenny**, you're the greatest!

Also helping solve the water problem was **Bob and Missy Funderburg** who brought in a pick-up load of gravel and spread it by hand! What was so special was their son **Bobby** right along beside them helping. It is so beautiful to see the young men partner with their parents, it just brings "giving to another level". Thank you to the Funderburg Family!

The "softer touch" would be that of **Delores Mather** and **Lynne Walker** for their countless hours in making "house booties" and their incredible crochet and knitted baby blankets.

Each is extraordinary in how they are carefully wrapped and delivered with love! They have made so many of them, they have given us permission to auction them at our annual benefit event. Everyone is in awe of their craftsmanship and talent. We would also like to acknowledge **Betty Andrews** who has made our babies warm fleece jumper buntings in various colors. They are one of the mother's favorites. All three ladies are considered TRM Angels!

Island Graphics, owner **David Sparks** is the printer for TRM. He is always there for any of the ministries needs, including the printing of this newsletter. Along with our auctions needs each year, his talent and expertise is displayed in hours of labor of excellent artistry. It is definitely displayed in his finished product. David helps us to stay on budget with giving a little extra help with his time and talent when needed. Thank you David for your generosity and always being there for us!

Charlotte Emery is an extraordinary person. Parting with "long-lived" possessions that you have cherished over the years is always a difficult task. Charlotte knew that she had to part with "almost" everything in order for her move into a condo, but felt better knowing that her items would help with a cause she supported. TRM helped with hauling two generous pickup truck loads of Charlottes possessions to help her with downsizing. Charlotte, your courage and heartfelt contribution of treasures were greatly received and appreciated. Every item was valued with the highest respect only to exchange it for the support, hopes, and dreams of our mothers as well as with the ministry's future.

We have also been given a practically new complete laptop set up! This will be useful in so many ways of keeping the ministry in order. We want to thank **Mr. and Mrs. Petrequin** parents of one of our past resident, for this wonderful addition. We appreciate you

giving back to the ministry and for thinking of others. The laptop will assist us in numerous ways such as helping residents to create resumes, school documents, use in bible study, as well as assist the auction committee with planning details.

There are so many friends, family, and numerous people responding to the needs of the ministry in their own unique way. It would take a whole newsletter to thank all the wonderful "givers", some we have not even met. Some gifts are left on the front porch or TRM will be called to pick up items, or other times a volunteer will show up with the items we need. We don't always have the opportunity to get to know everyone who donates, and we are continually amazed at how needs are met by word of mouth. We want to thank everyone for the quality of items contributed this year. Donations and contributions have continued to increase as more people share what TRM is doing to help mothers in crisis. The best gift you can give is to share your talent and then share with a friend how they can be involved. For more information about current needs for TRM visit pages 7&8 of this newsletter.

Thank you TRM volunteers for giving from the heart!



You created my inmost being,
O Lord; you knit me together in my
mother's womb, I praise you because
I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.

Psalm 139:13-14

TRM Scheduled Classes & Services

TRM Woman's Group

Domestic Violence/Anger Mgt., AA/NA Victorious classes

**Tuesday evenings
7 PM to 8:30 PM**

Bring a friend that may be in need of support and fellowship. All classes give documentation for personal & court purposes. Bring your favorite snack.



Women's Bible Study

**Thursday evenings
7 PM to 8:30 PM**

Please, come and study with us! Want to learn more about the Bible and the bonding of the sisterhood, in today's busy and

confused world? Need a friend or know someone in need of friendship? You will find encouragement and love of the sisters at TRM no matter what the circumstances are in your life. We pattern our lives today after the women of the Bible, of their strength and courage to endure.



TRM Heart to Heart

Counseling Sessions

By Appointment

As well as in house counseling, we also reach out to serve those in need in the community. Offering Certified Christian Counseling by striving to connect with the client, bringing a better understanding of the importance of their lives. TRM counsels in areas of family and individual

matters of Post Traumatic Stress Syndrome, Drug Addictions, Marriage/Relationships, Sexual Abuse, and Art Therapy for Traumatized Children. No one is ever turned away for not being able to pay for a session.



Labor Doula Services By Appointment

Doula: a Greek word for women helping women during birth. Doula's assist midwives and mothers in the birthing process. TRM offers Doula Services to residents in the house as well as non resident clients. Fee's are arranged by ability to pay.

To inquire about classes and services please contact Linda Wiles Thornton at 503-653-0450

TRM's Promise of Life Weekly Schedule for Residents

What does a week look like in the TRM Promise of Life Program? A set schedule is a must to keep everyone productive and the house in good working order. Residents know what to expect and they learn planning techniques that are crucial to help them graduate, as well as living a productive life outside of the ministry. 2007 revised scheduled format will be as follows:



Monday's:

- 9 AM "Morning Tea Time" to review the upcoming weekly schedule of each resident, review the weekly household chore list, and the ministry schedule such as upcoming tours or volunteer projects.
- Individual counseling appointments are available for residents.



Tuesday's:

- Residents work on weekly individual goals and schedule counseling times to help complete their program.

- A Group Session is conducted at 7 PM to 8:30 PM.



Wednesday's:

- Open day for residents to accomplish their daily obligations and program goals. Individual counseling appointments for residents are available after 7:30 PM.



Thursday's:

- Individual counseling appointments are available for residents.
- Special Focus Projects are scheduled such as grocery shopping outings, resume writing classes, meal preparation, parenting instruction, or techniques for personal relaxation.
- Women's Bible Study Group meets from 7 PM—8:30 PM.



Friday & Saturday's:

- Residents are encouraged to take personal time and have 2 days of rest and family time.
- For residents needing Doula Services appointments can be made.



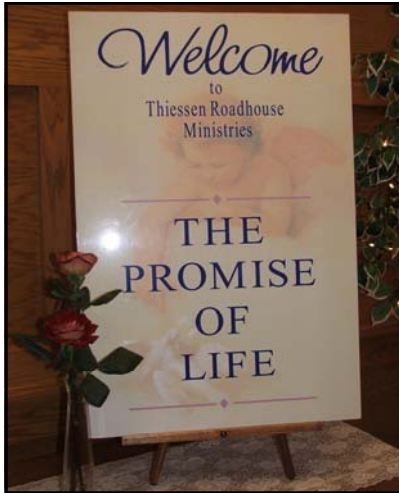
Sunday:

- All residents attend the 11 AM service at Rolling Hills Community Church (RHCC), (or their church of choice), with transportation being provided by the TRM van. As residents excel in their Promise of Life program they are also encouraged to become involved in the various RHCC classes and women's groups.
- Residents have Sunday evening to prepare for the week ahead.



The Promise of Life program is a full week of learning complimented with support and encouragement!

2007 “Funding Miracles” Annual Benefit Auction Underway!



The 6th Annual TRM “Funding Miracles” Benefit Auction 2007 is in progress and underway to make this year’s auction one of the most successful events of the year! We have a strong committee who are working earnestly to make this year’s event a spectacular success! The event will be held again at The Museum of the Oregon Territory in Oregon City.

Each year we see our corporate donors, faithful volunteers, and new faces, all together as like-minded people sharing in TRM vision and giving generously to support the many needs of the ministry. An event is only as successful as those who support it and believe in its vision. Your generosity goes far beyond what we will raise. You will be sending a significant message, and letting TRM know that someone cares, along with “Making Big Differences in Little lives”.

Many people make this evening possible. From our guest speakers, banquet, silent and live auction for your bidding pleasure, and each year we try to “add a little extra” for a most enjoyable gala evening for you and your guests.

Our dedicated Auction Committee and volunteers will be planning and presenting this wonderful evening with joy and anticipation. Each one will give of their labors of love.

This year, as every year, our auctioneer JillMarie Wiles (Linda’s daughter and the 2001 International Auctioneer Champion) will bring the evening full circle with her expertise and showmanship! Once again, catered beautifully by Dennis and Julie Ferchland of Bistro Catering, will tantalize you with selections and variety of fine foods! Guests rave about how wonderful the hors d’oeuvres and buffet are.

We are now currently taking in procurement and donations of new, antiques, homemade items, and trips/merchant/restaurant packages. You may or you may know someone who would like to donate, advertise in the auction catalog, buy a corporate table/host a table, or if not attending, a cash contribution for underwriting. Everyone has an opportunity to partner with us this year and leave with a good feeling of doing their part!

The 2007 TRM Auction will be another outstanding event and you do not want to

miss it! Mark your calendars for December 1, 2007. It is not too early to become involved! Our auction planning committee will be meeting on the 1st Sundays of each month, from 3 pm to 5 pm, at TRM. Let us know how you’d like to participate or be of assistance. We welcome your great ideas, time, and presence. Call us, @ 503.653.0450, if you want to get involved for Auction 2007! Visit our website at www.ThiessenRoadhouse.com for auction photos and updates!

“Funding Miracles”

The mothers and their babies are the “Miracles” of Thiessen Roadhouse! By taking that first step of reaching out beyond one’s self, the miracle of life begins! “Making Big Differences in Little Lives” is our business. You can make it your business too, as we partner together!



“Thousands of candles can be lighted from a single candle, and life of the candle will not be shortened. Happiness never decreases by being shared”.

Maya Angelou

Work Day & Yard Sales Bring Sense of Community with TRM Volunteers!

Each year TRM holds several events for volunteers to show their support for the ministry. Two annual summertime favorites include the Annual Work Day and BBQ as well as the Benefit Yard Sales. In 2007 both of these events were considered highly successful due to full participation from our volunteers.

The Annual Work Day was filled with cleaning up & mending around the property, yard work, housecleaning, and small

“fixer upper” projects. Many volunteers return annually and have made new friends in the process of helping their community. Volunteers from the Rolling Hills Community Church (RHCC) Groups have participated faithfully for 3 years and are extremely joyful workers.

Our Annual Benefit Yard Sale is always more about the “friend raising” than the fundraising aspect, as we always find new people who are eager to participate

in TRM’s vision who otherwise would not have known about us. We still managed to earn almost \$900 during July 4th-7th and we are still counting the new supporters! We plan to have one final sale in late September so keep the donations of quality merchandise coming!

We thank God for the beautiful gift of friendship that we experience through the summer events. We honor the volunteers incredible efforts & labor of love for TRM.

OUR 2007 OUTSTANDING CONTRIBUTORS

Celorie Bros, Dump Trucking, Inc.	Mr. & Mrs. Alan O’Kain
Costco	Mr. & Mrs. Douglas Van Dyk
Craig Eaton Construction	Mr. & Mrs. Robert Cunningham
Kentec Heating	Mr. & Mrs. Robert Funderburg
Waverley Greens Properties	Mr. & Mrs. Mike Cover
The Springs at Clackamas Woods	Mr. & Mrs. Cal Stout
Leon Wilson and Sons	Molly Dorney
Stuart Reality Group, Inc.	Melonie Gabriel
Island Graphics	Jeff & Julie Edwards
Melaleuca	Charlotte Emery
C&S Home Care Plus	
Webber Consulting Inc.	
Bistro Catering	
Mr. & Mrs. James Macomber	



The Collective Bid funds from the TRM 2006 auction were generously matched by the Juan Young Foundation. The funds were used to underwrite a 2002 Ford van which accommodates so many needs of the ministry and is vital for our everyday transportation.

We will be offering a Collective Bid again at our 2007 auction being held on Dec. 1st which will help to provide “TRM Promise of Life” program scholarships for mother’s in need (See page 5 & 7 for details). An auction sponsorship is available to provide a dollar per dollar match. This a wonderful opportunity for a church group, business owner or individual who would like to provide funding to give an alternative to abortion and supporting pregnant women in crisis.

For more auction sponsorship details contact TRM Executive Director Linda Thornton at 503-653-0450.

Mary Kay Cosmetics Consultants: “TRM Angels” ... Make a Difference!

Something that our mothers do not have the opportunity to have much of is cosmetics and beauty items, especially when they first take up residency at TRM. A special donation that comes in the form of facials, products and gifts comes from the “Beauty” of being blessed by, not just one, but three makeup artist!

Mary Kay Consultant, **Heidi Lessick** gave skincare/makeup consultations to the mother’s with her hands on expertise. Each mother was generously given a Mary Kay handbag with a variety of sam-

ple products. The mothers are still talking about their gift and wanting to know when Heidi will return! We love you Heidi and your welcome anytime!

Another Mary Kay “Angel” is Independent Beauty Consultant **Jody Arleshire**, from Gaston, Oregon. She heard about TRM from a friend and blessed us with mailing a gift box of incredible cosmetics to add to the mother’s collection. Jodi has never visited the house or met us in person so it seems like a thank you card was just not enough! Jodi, your so appre-

ciated!

Last but not least is the first TRM Mary Kay Consultant donor, **Sue Mather**. Sue has blessed us each year at our auctions to see that beautiful baskets are donated for either the silent or live auction. Sue’s contribution is a traditional “must have” and is a delightful gift for any women! Thank you Sue for being our TRM Mary Kay Consultant Trailblazer!”

Each consultant has contributed to assist TRM mothers and have helped women in crisis to raise their self esteem.

Volunteer, Advisory, & Board of Director Positions

TRM is always looking for qualified and likeminded people who have a heart for a ministry like ours. There are many ways to serve ranging from volunteering on a regular basis, to being on an advisory board for special projects, to committing to serve in a 1-3 year position on the Board of Directors.

Most volunteers find that they want to become more involved and select special projects that are fulfilling for them. TRM Advisory Positions are an opportunity to add leadership to an area of interest and then cultivate others to grow the idea or concept to it’s full potential. The recommendations of the advisors are then given to the Executive Director for consideration before being implemented, with direction from the board. The TRM Board of Directors is a challenging position as well as rewarding. Directors work to set policies, designate finances for events and approve funding the ministry in new and exciting ways. Other duties include seeing that the funds are distributed correctly. The Board of Directors are community outreach adventurers and advocates with a passion for growth and change, keeping things current and fresh!

Pledging to Give Women in Crisis a Better Choice. “We Need Your help!”

Most women show up on our doorstep because they are pregnant and in crisis and have no other “choice”. Most have determined that abortion is not the answer for them, but still it is a choice that they could have made in their desperation. The Thiessen Roadhouse Ministries (TRM) Promise of Life Program isn't as easy as getting an abortion, but it does provide a constructive alternative for residents who are exposed to the program. Women who graduate are empowered to move forward with their lives after their baby is born, regardless of what crisis may arise.

TRM has three rooms available for housing mothers in crisis. The TRM Promise of Life Program provides the following monthly services:

- Fully furnished TRM housing, along with “everything a mother & baby might possibly need”
- Maternity and post-transitional clothing for mothers, as well as, infant clothing
- Proper nutrition
- Christian counseling, spiritual guidance/bible study
- Labor Doula services & birthing classes
- Parenting skills/classes, and counseling as needed in anger management, domestic violence, drug & alcohol, as well as, 12 steps programs including AA and NA Victorious

- Support for court related issues/assessments and documentation, monitoring & supervised visitations
- Transportation for medical needs, court appearances, shopping, and church related activities
- Support for transitioning into permanent housing along with help in job search skills and networking

The cost of providing these services for one mother and child is a \$1,300 monthly expense

- **\$600** Housing & Food
- **\$500** Promise of Life Counseling, 20 hours monthly
- **\$100** Transportation
- **\$100** Utilities (water, gas heat, electricity, phone, sewer, garbage)

Thiessen Roadhouse Ministries Sponsorship Opportunities

Consider sponsoring the Promise of Life Program with a one time gift or gifting a monthly pledge. Donors can specify how the donation is used or can designate TRM to grant sponsorship to residents as needed.

- **\$48,750** Sponsors an average of 5 graduates of the TRM Promise of Life Program
- **\$11,700** is the cost per participant that graduates from the 9 month program

- **\$7,800** is the average cost per participant that graduates from the 6 month program
- **\$1,300** will sponsor 1 mother & baby for 1 month
- **\$700** will sponsor 1 mother & baby for 2 weeks
- **\$350** will sponsor 1 mother & baby for 1 week
- **\$150** will sponsor 1 mother & baby for 3 days
- **\$50** will sponsor 1 mother & baby for 1 day
- **\$25** will sponsor 1 evaluation & counseling session for a prospective mother into the program
- **“Priceless”** Daily prayer for our ministry to serve its vision of creating happy, healthy, and self sufficient mothers with babies through the birthing process.

Thank you for a consideration to pledge monthly or a sponsorship to help mothers in crisis!



Schedule a TRM Tea & Tour



TRM Tea and Tour is an excellent opportunity to get to know more about the ministry as a whole, as well as meet our mother's and their babies. Our Tea and Tours allow the TRM program leaders and mothers to get to know our supporters in a more personal way. You get a chance to take a tour to see our home, perhaps for the first time. Take some time to slow down, put the world on hold, have a cup of tea, and at the same time “rock a baby”! The visit may also be helpful in realizing where you might serve in our volunteer or sponsorship programs. The Tea & Tour program also gives our mother's an opportunity to interact with visitors and make new acquaintances. Each visitor lends a helping hand of encouragement, essential to a mother's growth and self-esteem, making her feel welcome and cared for. Your interest in the program and personal visit is extremely validating to our residents.

Tea & Tours are by appointment only, and usually take less than an hour, but your welcome to stay as long as you like! Please call and schedule a time so we can anticipate your visit and prepare a personalized tea time just for you!

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"A baby will make your love stronger, your days shorter, your nights longer, your home happier, the past forgotten, and the future worth living for."

Almost everyday someone inquires, "What can I do to help TRM"

Here are the many ways you can be a part and support Thiessen Roadhouse:

Diapers & Unscented Diaper Wipes:

Any brand of disposable diapers, sizes newborn to 1 year. We average around 25 diapers daily, 150 weekly, and 600 monthly. Unscented wipes are needed. "Each mother would appreciate something new for herself or for her baby!"

Donate Office Supplies and Help:

Reams of paper, HP Photoprint (black & color) printer cartridges, post its, pens, binder clips, file jackets, 3 ring binders, personal stationary, greeting cards, stamps and tape are all useful in preparing classes, counseling, and resumes. We need a volunteer (s) who are skilled computer organizers and a person who would like to sell on EBay & Craig's list.

TRM Pantry always needs refilled:

Staples such as sugar, flour, bread, butter, and baking supplies are always welcome. Baby food in stages 1-2, Enfamil Iron based formulas, fresh fruits and garden vegetables along with canned & frozen varieties are also needed. Consider putting together your favorite recipe and bringing a "potluck over" and one for the freezer. Accomplished cooks are encouraged to come and teach meal planning & nutrition as well.

Personal Care & Cleaning Supplies:

Thiessen Roadhouse uses Melaleuca products exclusively. All ingredients are naturally derived, biodegradable, ph neutral and non-alkaline which makes them baby safe. For \$30.00 a month you can provide all cleaning supplies and personal care items for the house. All orders are placed monthly through the house distributorship. If you also use Melaleuca in your home then consider placing your orders through TRM and a portion of the proceeds will benefit the ministry.

Volunteers Needed for Fundraising:

Ongoing volunteer help is needed with event planning, auction committee support, grant writing, coordinating sponsorships, and of course helping out with our "fellowship & fundraising" summer events of yard sales, work day BBQ, or car washes.

Rock a Baby or be a "Mother's Helper":

The mothers in the TRM "Promise of Life" program have a set schedule of responsibilities and counseling sessions to fulfill before graduating. Consider coming over to rock a baby while a mom studies, counsels, take her to an appointment, gets chores done or just relaxes for some quiet time to herself. Consider pledging 1 to 2 hours.