

"Lighting the pathway
to those in need of
hope and peace"
January 2007

Thiessen Roadhouse Ministries

The Pathway

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TRM Ex. Director, Linda Wiles Thornton honored with the 2006 "Hometown Hero" Award



Pictured with award, left to right: JillMarie Wiles, Oregon Republican Majority Leader Wayne Scott, and TRM Graduate Annie Cernak

A New Year, a New Beginning

Our Mission Statement

Thiessen Roadhouse is a Christian ministry focused on providing spiritual guidance and transitional housing for mothers in crisis.

As for me and my household: that He may establish peace on my borders and strengthen the bars to my gates and bless the children within. He sends forth his word and melts anything against the cold, providing for His children.

Psalm 14:13-21

*And I heard the voice of the Lord saying "Whom shall I send, and who will go for us?" Then I said, "Here I am. Send me." **Isaiah 6:8***

Thiessen Roadhouse Ministries (TRM) is a home that is dedicated to providing spiritual guidance in a nurturing environment, and offering support for those in need of God's grace.

Providing services for mothers in crisis is our main focus, however we are also building strong families through our multiple counseling services. In 2007 we are extending our "The Promise of Life" Program to include a 9 level counseling program in order for residents to successfully graduate. Women completing the program will be able to learn parenting skills, spiritual guidance, daily living practices, finding housing, employment, education and other resources that will be building blocks to successfully live on their own while being responsible parents.

Our newly renovated conference room has been set up for counseling sessions, group meetings, educational programs, a weekly bible study, and an area for residents to complete the program studies. Thank you to those of you who have contributed so graciously in 2006 to complete our vision of a central meeting area and library. In 2007 we will utilize this space on a daily basis to complete the mission of the ministry while strengthening the lives of the individuals who come through our doors.

We invite you to come for a tour to learn more about the "new beginnings" at Thiessen Roadhouse!

Note: See page 6 of this newsletter for complete details about taking a TRM "Tea & Tour" and how to schedule a visit.

"As Long as I am Able" by Linda Wiles Thornton

I am often asked, "How long do you think you will continue to do what you do?" How long will I continue to house mothers in crisis? The answer is simple: This is a calling on my life and I will continue to do this work as long as I am able. Over 40 years ago I was a young expectant mother in crisis

myself. I was searching for help and advice, desperate for answers with no where to turn. Due to the generosity of others, and through the examples of Christians I was able to keep my baby and find my way. God used my situation to open a door,

changing my life forever. I found my purpose in a crisis that renewed my faith. I knew then that I wanted to help others who were at the same crossroads in their life. I have dedicated myself to give back what was so graciously given to me so many years ago.



2006 Hometown Hero Award



Photo: Mario Pastega, Annie Cernak, Charles Deibert. Inset Photo: TRM Ex. Director, Linda Wiles Thornton.

The Hometown Hero Award is presented annually by the Oregon Republican Party to recognize outstanding service in Oregon communities. Three recipients were selected out of 300 individuals or organizations nominated statewide. An awards banquet was held on Sept. 28,

2006 at the Governor's Hotel in Downtown Portland, where the 3 recipients were presented individually with an overview of their nomination, a video presentation, and honorary plaque.

Oregon Republican Majority Leader, Wayne Scott introduced TRM Ex. Director, Linda Wiles Thornton. Unfortunately, Linda was unable to accept the award personally due to undergoing an emergency surgery the day prior. Her daughter, JillMarie Wiles, graciously took her place and represented her mother. 2006 TRM graduate Annie Cernak gave her personal story of how TRM changed her life and then received a standing ovation from a crowd of over 175 guests. Annie then graciously accepted the award from Wayne Scott.



Other recipients included Mario Pastega, owner and president of Pastega's Pepsi-Cola Bottling Company for helping to fund a home to house families of patients near the Good Samaritan Medical Center in Corvallis. Charles Deibert was one of Oregon's most decorated war heroes who helped with several projects in his commu-

nized with such high regard as a Hometown Hero. Linda was recovering and waiting patiently at the hospital for her daughter's return to recount the event. Linda was overwhelmed at being considered, chosen and then recog-

Note: Linda was formally presented with the award in December at the TRM Auction.

Mother of the Month: Jaqueline & Angelica

We are so blessed to have Jaqueline and her 5 month old daughter Angelica as our newest residents at TRM.

Jacqueline arrived at the house in mid December with few personal belongings and was overwhelmed with gifts of diapers, wipes, clothing from the TRM closet for her and baby, as well as personal gifts from volunteers to help her begin her stay.

Jacqueline, a first time mom, was referred to the program by a health nurse who was helping her to transition into motherhood. Jaqueline is an attentive mom who is eager to learn parenting skills. She is preparing her resume to begin a job search and is bi-lingual, speaking both English and Spanish fluently. She is a high school graduate that has job experience in telecommunications, public relations and sales.

Angelica is a bubbly, healthy and alert baby who would rather "sing" than cry! She has a delightful little coo followed by

a smile that lights up the room. She is beginning to teeth and is just starting to experience solid foods.

Mother and baby enjoyed their first visit to Rolling Hills Community Church and look forward to strengthening their spiritual walk while completing the Promise of Life program.

Jaqueline is a polite resident who is thankful for the opportunity to stay in a house that she can call her home. She is doing well in the initial phases of the counseling program and learning parenting techniques quickly.

Angelica was dedicated on January 6, 2007. It was a blessed day for baby Angelica and a commitment for Jaqueline as her mother. Welcome to Jaqueline and Angelica. We are excited to have you as a part of

"our family".

Note: Jaqueline and Angelica's first 2 months in the Promise of Life Program were made possible through generous sponsorships from several supporters who contributed at the Collective Bid during the 2006 "Funding Miracles" Auction. We'd like to thank the following supporters for giving Jacqueline & Angelica a great start in moving forward with their lives:

- **December Sponsorship:** Celorie Bros. Dump Trucking Inc.
- **January Sponsorship:** Wayne Scott Team, Stiehl Revocable Living Trust, Metro Metals Northwest, Inc.

Residents in need of sponsorships are evaluated on a case by case basis. A resident needs to have successful evaluations in the program in order to be considered for additional funding requests.

If you would like to contribute to help sponsor a mother and child in the Promise of Life Program, please contact TRM Executive Director, Linda Wiles Thornton at 503-653-0450.



Being A Servant of the Lord: Volunteer Recognition

In each newsletter we like to acknowledge a person or organization that has given their time, talent and energy to support the ministry. Long time volunteer Steve Millard is indeed a most beautiful servant of the Lord, using his gifts of building, construction and home repair to benefit Thiessen Roadhouse. Steve Millard has been a dear friend with over 20 years of dedication and unconditional love for the ministry.

Steve, with his smile and “can do attitude” is continually generous. He provides most of his services at cost and more often than not, out of the goodness of his heart. We at TRM could not ask for a more devoted and dedicated volunteer, and most of all, such a sincere friend. The partnership that has developed over the years with TRM is an example of his integrity and kindness.

At any given time, coming to Thiessen Roadhouse, you may see this incredible person building, repairing, or creating or finishing a much needed project. There are many needs at the ministry, and it seems as though by the time one project gets accomplished there is another one that needs to be added or started all over again!

He is known to help at any given hour, day or night. To show how much he cares, his private cell number is available 24 hours a day. If there is an emergency he’s been known to drop everything and “come a running!” It could be something as simple as a blown fuse or as demanding as an electrical problem. He’s helped with numerous remodeling projects, plumbing repair, moving furniture, making a trip to the dump or recycling center, or just to help a mother with a special project. Steve is admired by the mothers, and fellow volunteers. When he arrives, he is often greeted by the female residents with the announcement “Man in the house!”, which always makes him smile. When he leaves, he is always overwhelmed with hugs and thankfulness!

Steve Millard was the main contractor for our outside building, which is currently being used for the ministries office and distribution area. He is constantly repairing, updating, and accommodating our needs. He also was a contractor for the construction and finishing of the newly remodeled conference room, kitchen area and bathroom. He has also done numerous jobs such as the projects outside like landscaping, trimming, brush removal, fence & roof repair, masonry projects, painting, and the list goes on!

Mechanically, Steve is also gifted, keeping an eye on TRM vehicles for safety, with anything from engine repair to brakes.

Recently Steve assisted with the demanding task of moving the inventory of the auction, and setting the stage for a wonderful evening. He ran last minute errands and moved equipment. He even figured out how to move a 11 foot bamboo plant up 4 flights of stairs when it wouldn’t fit in the elevator. When the task was completed he just laughed and was on to the next project at hand! Steve consistently uses the phrase, “No problem!” After so many years of hearing him say this with a smile on his face and a tool in his hand we have come to believe that no job is too intimidating for Steve.

Steve has a calling on his life, not only to accommodate and prosper in his own business but to reach out to TRM in their particular needs. In his own business he is always in great demand, but he never hesitates to be of assistance to the house. He is a family man, business owner, and dedicated volunteer. We want to let Steve know of our deepest appreciation and gratitude for all of his labor, dedication and for always being there! He is one of the main reasons we feel so content and safe in our home, Thank you for being an important part of the ministry.



Volunteer Steve Millard working to install antique gates on our arbor project located in our garden and greenhouse area.



Note: To view photos of our volunteer events and to see all the wonderful completed projects please visit our website at www.ThiessenRoadhouse.com

If you are interested in ways to help, please see the back page of this newsletter or contact Ex. Director Linda Wiles Thornton.

“The ultimate expression of generosity is not in giving of what you have, but in giving of who you are.”

Johnnetta B. Cole



“Nothing's stronger than the heart of a volunteer.”

TRM Scheduled Classes & Services

TRM Woman's Group

Domestic Violence/Anger Mgt., AA/NA Victorious classes

**Tuesday evenings
7 PM to 8:30 PM**

Bring a friend that may be in need of support and fellowship. All classes give documentation for personal & court purposes. Bring your favorite snack.



Women's Bible Study

**Thursday evenings
7 PM to 8:30 PM**

Please, come and study with us! Want to learn more about the Bible and the bonding of the sisterhood, in today's busy and

confused world? Need a friend or know someone in need of friendship? You will find encouragement and love of the sisters at TRM no matter what the circumstances are in your life. We pattern our lives today after the women of the Bible, of their strength and courage to endure.



TRM Heart to Heart

Counseling Sessions

By Appointment

As well as in house counseling, we also reach out to serve those in need in the community. Offering Certified Christian Counselor, striving to connect with the client, bringing a better understanding of the importance of their lives. TRM counsels in areas of family and individual

matters of Post Traumatic Stress Syndrome, Drug Addictions, Marriage/Relationships, Sexual Abuse, and Art Therapy for Traumatized Children. No one is ever turned away for not being able to pay for a session.



Certified Birthing Labor Doula Services By Appointment

Doula: a Greek word for women helping women during birth. Doula's assist midwives and mothers in the birthing process. TRM offers Doula Services to residents in the house as well as non resident clients. Fee's are arranged by ability to pay.

To inquire about classes and services please contact Linda Wiles Thornton at 503-653-0450

TRM's Promise of Life Weekly Schedule for Residents

What does a week look like in the TRM Promise of Life Program? A set schedule is a must to keep everyone productive and the house in good working order. Residents know what to expect and they learn planning techniques that are crucial to help them graduate, as well as living a productive life outside of the ministry. Beginning in 2007 the revised scheduled format will be followed:



Monday's:

- 9 AM "Morning Tea Time" to review the upcoming weekly schedule of each resident, review the weekly household chore list, and the ministry schedule such as upcoming tours or volunteer projects.
- Individual counseling appointments are available for residents.



Tuesday's:

- Residents work on weekly individual goals and schedule counseling times to help complete their program.

- A Group Session is conducted at 7 PM to 8:30 PM.



Wednesday's:

- Open day for residents to accomplish their daily obligations and program goals. Individual counseling appointments for residents are available after 7:30 PM.



Thursday's:

- Individual counseling appointments are available for residents.
- Special Focus Projects are scheduled such as grocery shopping outings, resume writing classes, meal preparation, parenting instruction, or techniques for personal relaxation.
- Women's Bible Study Group meets from 7 PM—8:30 PM.



Friday & Saturday's:

- Residents are encouraged to take personal time and have 2 days of rest and family time.
- For residents needing Doula Services appointments can be made.



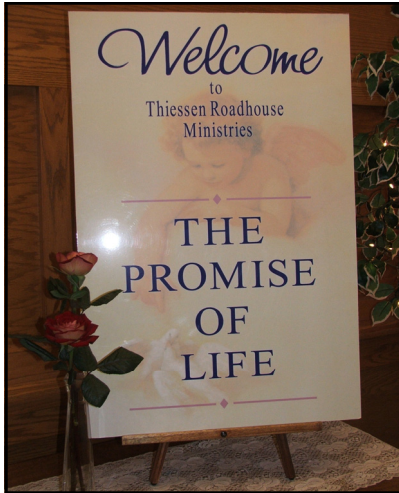
Sunday:

- All residents attend the 11 AM service at Rolling Hills Community Church (RHCC) with transportation being provided by the TRM van. As residents excel in their Promise of Life program they are also encouraged to become involved in the various RHCC classes and women's groups.
- Residents have Sunday evening to prepare for the week ahead.



The Promise of Life program is a full week of learning complimented with support and encouragement!

2006 "Funding Miracles" Annual Auction Raises \$16,000



The 5th Annual TRM "Funding Miracles" Benefit Auction 2006 was a spectacular success! The event was again held at The Museum of the Oregon Territory in Oregon City, with over 125 guests in attendance.

Each year we see our corporate donors, faithful volunteers, and new faces, all together as like-minded people sharing in TRM vision and giving generously to support the many needs of the ministry. An event is only as successful as those who support it and believe in it's vision. Your generosity went far beyond the \$16,000 raised and sent a significant message, touching the lives of the mothers and babies, letting them know that someone cares. Thank you for "Funding Miracles" at TRM! Our deepest heartfelt appreciation goes out to the donors, sponsors, guests, volunteers, and supporters!

Many people made the evening possible, including Betty Mitchell, International Executive Director of Good Samaritan Ministries (GSM), who graciously accepted our invitation to be our guest speaker. Betty has knowledge first hand of the needs of women in crisis, because GSM runs a crisis pregnancy center in Portland for mothers and babies. Bettie has traveled 52 countries, been to the Middle East 23 times, and is passionate about counseling and teaching concern for the needs of others, here and abroad. Betty inspired and challenged everyone to continue beyond the evening, to find ways to lift up ministries like TRM. Again, Betty, we so appreciate your servant hood, mentorship and precious friendship to TRM over the years.

Annie Cernak also inspired the audience with her presentation as she spoke not as a resident but that of a graduate! She gracefully and humbly shared her gratitude of what TRM had given to her. After completing The Promise of Life Program in 2006 she was proud of her productiveness as an upstanding citizen and a devoted mother. She strived for a better life, worked hard to accomplish her goals, and prepared herself for the future. Annie, thank you, for being such a blessing in our lives, as well as, baby Carmen.

Our dedicated Auction Committee and volunteers planned and presented this wonderful evening with joy and anticipation. Each one gave of their labors of love. We had an incredible team this year, and we want to recognize how important

each one of you are to the success of this annual event. Thanks TRM Team! Dick & Debbie Schlosser, Belinda Muehler, Wally & Joan Sparks, Dawn Gentry, Jessi Clausnitzer, Judy Koski, Janice Erickson, and to the many volunteers including Brent & Lisa Bolander, Howard & Roxie Mudder and the RHCC Community Group, Helen Jones, Beryl Veters, Steve Millard, and the many individuals that showed to help for setup and post auction duties. A special thank you to auctioneer JillMarie Wiles (Linda's daughter and the 2001 International Auctioneer Champion!) and to Tim Stuart and Michelle Webber for lending their expertise to the auction evening.

The evening was once again catered beautifully by Dennis and Julie Ferchland of Bistro Catering. Guests raved about how wonderful the hors d'oeuvres and buffet were. Thank you also to Wynnee Battles of the Museum of the Oregon Territory for being so accommodating and professional. She was a joy to work with.

The 2007 auction will be another outstanding event and you do not want to miss it! Mark your calendars for December 1st, time and place will be announced later in our mailings and website. It is not too early to become involved! Our auction planning committee will be meeting on the 1st Sundays of each month, starting April 1, 2007 at TRM. Let us know how you'd like to participate or be of assistance. Visit our website at www.ThiessenRoadhouse.com for auction photos and updates!

Rolling Hills Community Church Community Groups

We are just in awe of the commitment of Rolling Hills Church's Community Groups! In 2006 they were by far the most involved group of volunteers that have blessed us with "lending a hand". They have provided meals, transportation, stocked our pantry, made a pathway, built an arbor, cleaned up, by pruning & raking, volunteered at the 2006 auction, rocked babies, brought diapers, and still ask, "What else can we do?"

In 2006, the most needed project was providing heat with a gas heater in TRM office & distribution building. This gift of comfort was made possible through the generous labors of Kentec Heating Co., contracted by Craig Eaton Construction. Craig also designed and built a beautiful slate gas fireplace in our newly constructed conference room. Each time we turn on the switch the warmth reminds us of his abilities and generosity.

Most importantly the groups arrive with sensitive hearts and compassionately respond to the spiritual needs of the mothers. We thank God for the beautiful gift of friendship that we experience through their many visits. Thank you Team Leaders, Craig and Val Eaton, Janet Bones, and Howard and Roxie Mudder. We honor your incredible team members for all you've done for Thiessen Roadhouse.

OUR 2006 OUTSTANDING CONTRIBUTORS

Thank you to those of you who gave from your hearts in 2006 with financial gifts, and in kind donations. Here is a partial list of our corporate and monthly pledge donors.

- Celorie Bros. Dump Trucking, Inc. Jeff and Kenny Celorie
- Judge Douglas V. Van Dyk of Clackamas County Circuit Court
- Metro Metals Northwest, Inc.
- Friends of Wayne Scott, Republican House Majority Leader
- Pastega Pepsi-Cola Bottling Company, Mario and Alta Pastega
- Stuart Realty Group, Inc., Tim Stuart
- Webber Consulting, Inc.
- Rolling Hills Community Church Groups
- Stiehl Revocable Living Trust, Mr. & Mrs. Charles M. Stiehl
- Juan Young Trust Foundation
- Department of Human Services
- C & S Home Care Plus, Shirley Blank
- Bistro Catering, Dennis & Julie Ferchland
- Craig Eaton Construction Co., Mr. & Mrs. Craig Eaton
- Mike's Tree Service, Mr. & Mrs. Mike Schwab
- West Linn Starbucks
- Island Graphics, Dave Sparks
- Mike Butera
- Mr. and Mrs. Alan O'Kain
- Mr. and Mrs. Jim Macomber



Thank you to Mike Butera for his yearly pledge, designated to sponsor fuel and maintenance for the TRM Van. The vehicle was made possible through a generous Juan Young Trust Foundation matching grant and 2005 Collective Bid donations.

Innovative Ways Supporters Can Make a Difference

Thiessen Roadhouse distributes goods of household articles, and clothing to women in crisis who are staying at the house non-residents who are receiving counseling. Our mother's and babies have all benefited from these offerings. Here are some examples that have made a difference:

- Rolling Hills Community Group volunteers, Howard, Roxie & Megan, Alan & Torie and Karen, brought by 4 boxes of diapers, 2 boxes of wipes, and homemade treats. Sally and Bob Hoffman teamed up with West Linn Starbucks to regularly provide pulled pastries, scones, cookies and desserts to the house to be used for residents to enjoy as well as to support group meetings and guest events. What a treat!
- St. John Episcopal Church volunteer, Jamie Berry brought by gifts of personal care items and toiletries for each resident.
- Mary Kay Consultant, Heidi Lessick gives the mothers facials and skincare/makeup advice.
- Supporters using word of mouth have promoted the ministry and provided some incredible donations from people we've never met! Overstock items of clothing, maternity products, car seats and strollers has been given from several children's retail stores. Tell a friend and be an advocate for TRM's ongoing needs!

For a complete list of ways you can help see the back page of this newsletter.

Schedule a TRM Tea & Tour

TRM Tea and Tour is an excellent opportunity to get to know more about the ministry as a whole, as well as meet our mother's and their babies. Our Tea and Tours allow the TRM program leaders and mothers to get to know our supporters in a more personal way. You get a chance to take a tour to see our home, perhaps for the first time. Take some time to slow down, put the world on hold, have a cup of tea, and at the same time "rock a baby"! The visit may also be helpful in realizing where you might serve in our volunteer or sponsorship programs. The Tea & Tour program also gives our mother's an opportunity to interact with visitors and make new acquaintances. Each visitor lends a helping hand of encouragement, essential to a mother's growth and self esteem, making her feel welcome and cared for. Your interest in the program and personal visit is extremely validating to our residents.



Tea & Tours are by appointment only, and usually take less than an hour, but your welcome to stay as long as you like! Please call and schedule a time so we can anticipate your visit and prepare a personalized tea time just for you!

Pledging to Give Women in Crisis a Better Choice

Most women show up on our doorstep because they are pregnant and in crisis and have no other “choice”. Most have determined that abortion is not the answer for them, but still it is a choice that they could have made in their desperation. The Thiessen Roadhouse Ministries (TRM) Promise of Life Program isn't as easy as getting an abortion, but it does provide a constructive alternative for residents who are exposed to the program. Women who graduate are empowered to move forward with their lives after their baby is born, regardless of what crisis may arise.

TRM has three rooms available for housing mothers in crisis. The TRM Promise of Life Program provides the following monthly services:

- Fully furnished TRM housing, along with “everything a mother & baby might possibly need”
- Maternity and post-transitional clothing for mothers, as well as, infant clothing
- Proper nutrition
- Christian counseling, spiritual guidance/bible study
- Labor doula services & birthing classes
- Parenting skills/classes, and counseling as needed in anger management, domestic violence, drug & alcohol, as well as, 12 steps programs including AA and NA Victorious

- Support for court related issues/assessments and documentation, monitoring & supervised visitations
- Transportation for medical needs, court appearances, shopping, and church related activities
- Support for transitioning into permanent housing along with help in job search skills and networking

The cost of providing these services for one mother and child is a \$1,300 monthly expense

- **\$600** Housing & Food
- **\$500** Promise of Life Counseling, 20 hours monthly
- **\$100** Transportation
- **\$100** Utilities (water, gas heat, electricity, phone, sewer, garbage)

Thiessen Roadhouse Ministries Sponsorship Opportunities

Consider sponsoring the Promise of Life Program with a one time gift or gifting a monthly pledge. Donors can specify how the donation is used or can designate TRM to grant sponsorship to residents as needed.

- **\$48,750** Sponsors an average of 5 graduates of the TRM Promise of Life Program
- **\$11,700** is the cost per participant that graduates from the 9 month program

- **\$7,800** is the average cost per participant that graduates from the 6 month program
- **\$1,300** will sponsor 1 mother & baby for 1 month
- **\$700** will sponsor 1 mother & baby for 2 weeks
- **\$350** will sponsor 1 mother & baby for 1 week
- **\$150** will sponsor 1 mother & baby for 3 days
- **\$50** will sponsor 1 mother & baby for 1 day
- **\$25** will sponsor 1 evaluation & counseling session for a prospective mother into the program
- **“Priceless”** Daily prayer for our ministry to serve its vision of creating happy, healthy, and self sufficient mothers with babies through the birthing process.

Thank you for considering a sponsorship to help women in crisis!



Volunteer, Advisory, & Board of Director Positions

TRM is always looking for qualified and likeminded people who have a heart for a ministry like ours. There are many ways to serve ranging from volunteering on a regular basis, to being on an advisory board for special projects, to committing to serve in a 1-3 year position on the Board of Directors.

Most volunteers find that they want to become more involved and select special projects that are fulfilling for them. TRM Advisory Positions are an opportunity to add leadership to an area of interest and then cultivate others to grow the idea or concept to it's full potential. The recommendations of the advisors are then given to the Executive Director for consideration before being implemented, with direction from the board. The TRM Board of Directors is a challenging position as well as rewarding. Directors work to set policies, designate finances for events and approve funding the ministry in new and exciting ways. Other duties include seeing that the funds are distributed correctly. The Board of Directors are community outreach adventurers and advocates with a passion for growth and change, keeping things current and fresh!

If any of these positions appeal to you and you'd like to learn more, contact us personally to discuss becoming involved!

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Linda Wiles Thornton
Executive Director
Certified Christian Counselor
Certified Birthing Labor Doula
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Linda@ThiessenRoadhouse.com
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"How can there be too many children? That's like saying there are too many *flowers*....."

Mother Teresa

Everyone Asks, "How can I be of help....."

Here are the many ways you can be a part of Thiessen Roadhouse:

Diapers & Unscented Diaper Wipes:

Any brand of disposable diapers, sizes newborn to 27 pounds. We average around 25 diapers daily, 150 weekly, and 600 monthly. Any brand of unscented wipes are needed.

Donate Office Supplies and Help:

Reams of paper, printer cartridges, post its, pens, binder clips, file jackets, 3 ring binders, personal stationary, greeting cards, stamps and tape are all useful in preparing classes, counseling, and resumes. Specific needs are a 2 drawer file cabinet, a newer light weight lap top computer, and a home office copy machine. We need a volunteer(s) 2 to 5 hours weekly with secretarial, computer, and organizational skills.

Fill the TRM House Pantry:

Staples such as sugar, flour, bread, butter, and baking supplies are always welcome. Baby food in stages 1-2, Similac Soy & Enfamil Iron based formulas, fresh fruits and garden vegetables along with canned & frozen varieties are also needed. Consider putting together your favorite recipe and bringing a "potluck over" and one for the freezer. Accomplished cooks are encouraged to come and teach meal planning & nutrition as well.

Personal Care & Cleaning Supplies:

Thiessen Roadhouse uses Melaleuca products exclusively. All ingredients are naturally derived, biodegradable, ph neutral and non-alkaline which makes them baby safe. For \$30.00 a month you can provide all cleaning supplies and personal care items for the house. All orders are placed monthly through the house distributorship. If you also use Melaleuca in your home then consider placing your orders through TRM and a portion of the proceeds will benefit the ministry.

Volunteers Needed for Fundraising:

Ongoing volunteer help is needed with event planning, auction committee support, grant writing, coordinating sponsorships, and of course helping out with our "fellowship & fundraising" summer events of yard sales, or car washes.

Rock a Baby or be a "Mother's Helper":

The mothers in the TRM "Promise of Life" program have a set schedule of responsibilities and counseling sessions to fulfill before graduating. Consider coming over to rock a baby while a mom studies, counsels, gets chores done or just relaxes for some quiet time to herself. Consider pledging your time for 1 to 2 hours.